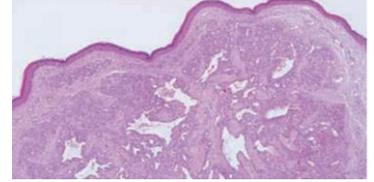


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CHERRY ANGIOMA

## LUMPS, BUMPS, AND BARNACLES: I

THE SKIN, BEING THE LARGEST ORGAN OF THE BODY, IS SUBJECT TO MORE NOTICE THAN ANY OTHER PART OF THE BODY. SUN, WATER, COLD, AND HEAT ARE JUST SOME ELEMENTS TO WHICH THE SKIN MIGHT BE EXPOSED. NOT ALL OF THESE ENVIRONMENTAL ENCOUNTERS CHANGE WHAT ARE UNWANTED OR WORRISOME.

### SEBORRHEIC KERATOSES (SKS)

THESE ARE BROWN TO RED, SOMETIMES SCALING, MARKS THAT OCCUR, AS ONE GETS OLDER. WHILE SOMETIMES REFERRED TO AS OLD AGE MARKS, SENILE SPOTS, OR LIVER SPOTS, THEY REPRESENT THE ACCUMULATION OF DEBRIS AND ARE UNRELATED TO ANY SUN EXPOSURE.



SKS MAY BE ITCHY OR EVEN PAINFUL, WHEN THEY ARE SCRATCHED OR PICKED. UNSIGHTLY – YES, WORRISOME – SOMETIMES, BUT THEY DO NOT REPRESENT CANCER. SKS RARELY MIMIC SKIN CANCER.

THEY CAN BE TREATED ANY NUMBER OF WAYS, RANGING FROM CRYOSURGERY (FREEZING WITH LIQUID NITROGEN) (LN<sub>2</sub>), PEELING (APPLYING A CHEMICAL), TO SCRAPING (CURETTING), OR JUST FORGETTING ABOUT THEM.

### KERATINOUS CYSTS (KC)

THESE BUMPS CAN APPEAR ALMOST ANYWHERE ON THE BODY FROM THE FACE TO THE ARMS OR THE TRUNK AND ARE BENIGN. THEY HAVE BEEN CALLED SEBACEOUS CYSTS.

INSTEAD OF STAYING FLAT ON THE SKIN, THESE CELLS HAVE INVAGINATED OR GROWN INWARDS, CREATING A CYST DURING CELL REPLACEMENT. IT IS THE WALL OF THE CYST THAT KEEPS THE CONTENTS INTACT. ONCE, IT IS HAS BEEN INTERFERED WITH, THE CONTENTS ARE ABSORBED, AND THE CYST WILL DISAPPEAR. THE FOUL ODOR REPRESENTS MACERATED SKIN.



SOMETIMES, A KC CAN BECOME INFECTED; OFTEN, THIS PROCESS INTERFERES WITH THE WALL OF THE CYST, AND THE CYST DISAPPEARS. TREATMENT INCLUDES: A) INJECTING WITH KENALOG®, B) FREEZING, C) INCISING (PUNCTURING THE CYST AND EXPRESSING THE CONTENTS AND SAC), D) EXCISING (REMOVING THE CYST AND SAC), OR E) NO TREATMENT.

### CHERRY ANGIOMAS

THESE ARE BENIGN RED DOTS THAT RANGE FROM 1 MM TO A FEW MM. THEY CAN APPEAR ANYWHERE ON THE BODY BUT USUALLY ON THE TRUNK AND OFTEN BEGIN TO DEVELOP AFTER THE AGE OF 30.



ALSO KNOWN AS CAMPBELL DE MORGAN SPOTS, THEY ARE AN ENTIRELY BENIGN, LIKE A BLEB ON A TIRE WALL, AND EASILY DESTROYED BY ELECTRODESICCATION OR A SCISSOR SNIP.

